

Time for Care learning in action programme

Learn, apply, share and collaborate

The Time for Care programme is at the heart of the General Practice Forward View's support for practices to redesign their care and manage demand more sustainably.

Following an initial showcase workshop, groups of practices (for example, across a federation, CCG or Local Medical Committee) will work with NHS England's Sustainable Improvement team, to agree which of the High Impact Actions they wish to implement first. An expert development adviser from the team's national primary care improvement faculty will work with local leaders to plan an improvement programme using an action learning collaborative approach.

What can you achieve?

- Implement a small test of change aligned to the 10 High Impact Actions.
- Increase knowledge and skills in change and improvement that you can use (and share) again and again.
- Practices will work more collaboratively and share good practice.
- You will have access to the national Primary Care Improvement Community.

Content and approach

Your development adviser will work you through a structured approach to help make changes using the Model for Improvement and Change Model. This will include developing a meaningful aim, process mapping, measurement for improvement, identifying opportunities for improvement and generating, prioritising and testing ideas.

Ten High Impact Actions to release capacity



Support would typically be provided for up to 6 learning in action sessions (3.5 hours minimum), usually 4 – 6 weeks apart.

Practices do not require any prior knowledge of quality improvement to take part in the programme.

Programme principles - we will help you:

- locally agree your priorities for releasing time in general practice
- develop focused aims set around 1-2 specific High Impact Actions drawn from the list set out in the General Practice Forward View
- come together to apply and share learning improvement projects over a 6-9 month period
- build and maintain energy and motivation to do things differently.

Through:

- learning events:
 - introducing tools and techniques that can help you make change happen
 - tapping into subject experts and hearing about new ideas and different ways of releasing time
- practical application and implementation:
 - testing 1-2 High Impact Actions to release time
 - bringing results back to learning sessions and identifying next steps.

How can I find out more?

For further information and details on how to get started with the programme by holding a local showcase event visit

<https://www.england.nhs.uk/gp/gpfv/redesign/gpdp/releasing-time/>